



Our Residents' Art Takes Centre Stage!
(Special Feature)

A Big Wave of Thanks
to Our Amazing Nurses!



June

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- The summer solstice and long sunny days.
- Nature is in full bloom.
- A perfect month for outdoor activities.

For more information:
www.carechoice.ie

International Nurses Day



On May 12th, we celebrated International Nurses Day. We are very fortunate to have such a wonderful team of nurses in our residence who care for us and support our wellbeing every single day, always ensuring that we are as comfortable and happy as possible.

To celebrate their special day, we wanted to show our appreciation with a small gift and some delicious cupcakes as a token of thanks for all their hard work and dedication. A little something sweet for the people who brighten our days in so many ways!

We would also like to recognise the incredible work carried out by our HCA team, and we look forward to celebrating and thanking them on their special day next month.

Thank you all for the exceptional care, kindness, and support you provide every day!

Celia, Activities Leader





Art Exhibition

As part of the Bealtaine Festival and the national arts celebration in nursing homes, we were delighted to host a very special Art Exhibition showcasing the creativity and talent of residents from both Residential Care and the ABI Unit. The exhibition transformed our home into a vibrant gallery filled with colour, imagination, and personal stories. Residents proudly shared their artwork with family members, friends, staff, and fellow residents, creating an afternoon filled with joy, pride, music, and connection.



We extend our sincere thanks to everyone who helped make the event such a success – our residents, families, Activities Teams, management, support departments, volunteers, and all staff who contributed behind the scenes. Special thanks also to harpist Justyna Kosmulska for providing a beautiful musical backdrop to the celebration.

The exhibition may have ended, but the artwork remains. Many of the pieces are now proudly displayed in our lift lobby, bringing colour, character, and a personal touch to one of the most visited areas of our home. Residents, families, visitors, and staff can continue to enjoy and admire the wonderful creativity and talent of our residents every day.

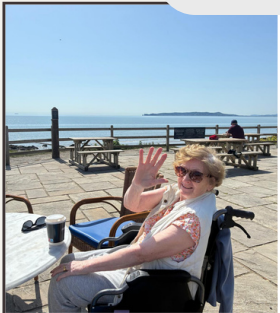


Sunny Outings

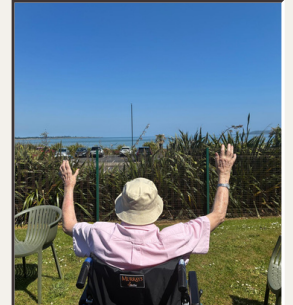
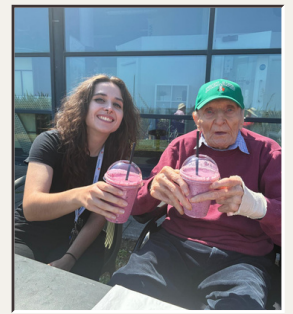
Summer is just around the corner, bringing with it longer days, more sunshine, and warmer weather. Taking advantage of the days when the clouds gave us a little break, we made sure not to miss any opportunity to enjoy the outdoors with our residents by organising outings where everyone could naturally soak up some Vitamin D.



Donabate Beach

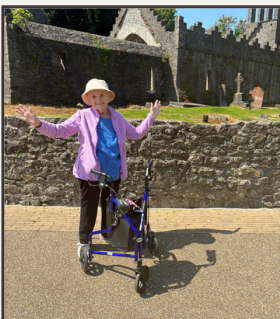


Malahide Beach



We were lucky enough to enjoy the sunshine by the beach in both Donabate and Malahide, as well as visiting the beautiful Malahide Castle. Over the course of several mornings, residents were able to take in the stunning views of the beaches and historic surroundings while enjoying coffee, tea, and even smoothies, all while covered in sun cream and wearing smiles that stayed with them throughout the day.

Malahide Castle

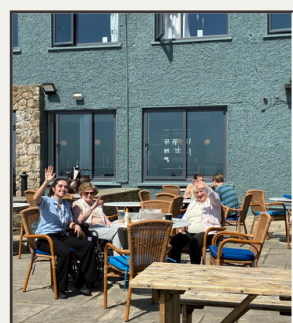


We hope the good weather continues throughout the summer so we can keep sharing and enjoying these wonderful moments together!

Celia, Activity Leader



Donabate Beach



Hello from ABI Unit



Thank You, Cara,
for the Memories



We said goodbye to our lovely Cara.

We would like to thank Cara for all the wonderful performances she has given over the years. Her singing has brought so much joy, comfort, and entertainment to our residents, creating many special memories along the way.

She will be greatly missed by residents and staff alike. We wish her every happiness and success in this new chapter of her life and thank her for all the special moments she has shared with us.



Active Bodies, Positive Minds

Our class takes place every Tuesday and Saturday, coordinated by PTA Corina and OTA Valentina. The session is tailored to meet the individual needs of residents living with Acquired Brain Injury, encouraging movement, participation, and enjoyment in a supportive environment. Through a variety of seated exercises, stretching, bowling, and other interactive activities, residents work on strength, flexibility and confidence while enjoying valuable social interaction. Most importantly, the class provides a fun and inclusive opportunity for everyone to stay active and celebrate their achievements together.

Corina PTA



Hello from ABI Unit

A Showcase of Talent and Creativity

We are incredibly proud of our residents for taking part in the art exhibition and showcasing their wonderful creativity and talent.

A special thank you to our art therapist, Aoife Ryan, for her dedication, encouragement, and support in helping residents create such beautiful pieces. It was fantastic to see their hard work on display and celebrated by everyone.

The exhibition provided a wonderful opportunity to recognise the artistic achievements of our residents and share their creativity with the wider community.



Sunshine, Smiles, and Special Moments Together

Our residents made the most of the lovely sunshine by spending time in the garden singing, dancing, and enjoying each others company. Everyone also enjoyed a delicious ice cream treat, which was the perfect way to cool down in the warm weather. The day was filled with smiles, laughter, music, and happy memories, making it wonderful day for all.





Our Home, Our Team Leadership Update



Dear Residents, Families and Staff,



We are pleased to welcome Lovella Valenzuela to CareChoice Swords as Director of Care and Person in Charge. We wish Lovella every success in her new role and look forward to her continued support for residents, families, and staff.



We would also like to share that Barry McConaghy has moved into the role of Director of Operations. We wish Barry every success in his new position.



We would also like to thank Jisha, who will be leaving CareChoice Swords in June after almost 7 years of dedicated service. During this time, Jisha made a valued contribution through her work within the management team. We sincerely thank her for her dedication, professionalism, and commitment over the years and wish her every happiness and success in the future.



In addition, our HR colleague Dania will also be leaving CareChoice Swords. We would like to sincerely thank Dania for all of her support and contribution during her time with us and wish her the very best of luck and success in the future.

Upcoming Events

- 2nd & 16th 30th June – Mass 2:30pm., (every two weeks), Oratory
- 3rd June – Residents Meeting 11:30am, Oratory
- 6th June Ecumenical Service with David & Sean 2pm, Oratory
- 9th June – Radio Maria Ireland Visit 2:30pm, Oratory
- 12th June – Rivervalley CNS Concert 11am, Oratory
- 12th June - Banjo Band Concert 2:30pm, Oratory
- 16th June – Blooms Day
- 18th June - Memory Café outing - Fingallians GAA 10.30am -12.30pm.
- 26th June - Men’s Club 4th Cafe@2.30pm.
- Dog Therapy (monthly date varies)

SOLUTION Summer Wordsearch

I	X	N	A	T	S	W	I	M	M	I	N	G	U
B	H	S	C	X	Z	D	B	L	E	Y	F	G	I
H	V	P	S	N	Q	V	L	H	C	F	I	D	N
I	J	O	K	A	P	G	D	O	A	R	C	A	I
Y	K	O	J	Y	N	G	W	L	M	W	E	A	A
R	F	L	E	N	P	D	P	I	P	I	C	Q	N
B	M	S	W	J	S	D	T	D	I	K	R	A	H
E	S	B	Y	H	S	E	H	A	N	B	E	W	C
N	M	D	I	H	K	Y	A	Y	G	T	A	G	E
D	P	I	K	G	M	W	S	S	Y	X	M	Z	K
O	O	M	B	I	N	N	E	M	I	X	V	P	Q
K	Y	U	N	J	A	F	C	P	L	D	H	Q	G
R	A	Z	M	J	C	F	N	U	H	R	E	D	W
C	B	E	A	C	H	Q	I	P	A	H	B	V	U

Seaside Sand
Holidays Swimming
Beach Ice Cream
Camping Pool

SUMMER

WORDSEARCH

Summer Wordsearch

I	X	N	A	T	S	W	I	M	M	I	N	G	U
B	H	S	C	X	Z	D	B	L	E	Y	F	G	I
H	V	P	S	N	Q	V	L	H	C	F	I	D	N
I	J	O	K	A	P	G	D	O	A	R	C	A	I
Y	K	O	J	Y	N	G	W	L	M	W	E	A	A
R	F	L	E	N	P	D	P	I	P	I	C	Q	N
B	M	S	W	J	S	D	T	D	I	K	R	A	H
E	S	B	Y	H	S	E	H	A	N	B	E	W	C
N	M	D	I	H	K	Y	A	Y	G	T	A	G	E
D	P	I	K	G	M	W	S	S	Y	X	M	Z	K
O	O	M	B	I	N	N	E	M	I	X	V	P	Q
K	Y	U	N	J	A	F	C	P	L	D	H	Q	G
R	A	Z	M	J	C	F	N	U	H	R	E	D	W
C	B	E	A	C	H	Q	I	P	A	H	B	V	U

- Seaside
- Holidays
- Beach
- Camping
- Sand
- Swimming
- Ice Cream
- Pool

June

2026

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

HAPPY BIRTHDAY

Happy Birthday Wishes

We would like to wish a very happy birthday to all our residents celebrating their birthdays in June. We hope your special day is filled with joy, celebration, and many lovely moments with family, friends, and staff.



If you would like to contribute to our newsletter, we would be happy to hear from you. Please contact us using the email address below:
activities.swords@carechoice.ie

For more information:
www.carechoice.ie