

NEWSLETTER

April

2026

A P R I L

- Spring Has Arrived
Longer, brighter days
- April showers,
sunshine
- Spring flowers
blooming
- Easter celebrations



Mother's Day Flower Arranging

This April

EASTER



In this
issue

Mother's Day Flower Arranging

St. Patrick's Day Week Events

Upcoming Events

Note from ABI Unit

Birthdays & Wordsearch



Page 2

For more information:
www.carechoice.ie

MOTHER'S DAY

FLOWER ARRANGING

March 13th 2026



What We Were Doing...

This month, we held a special flower arranging session for Mother's Day, and it was a joy to see the residents come alive with creativity. Even ladies who usually enjoy quiet time in their room, joined without any encouragement and worked with remarkable focus and passion, arranging their flowers entirely on her own.

Seeing the blooms inspired everyone else, and the ladies became wonderfully active and imaginative, experimenting with colours and shapes. Together, we decorated the reception area with their beautiful bouquets, filling the space with colour, fragrance, and joy. It was a heartwarming activity that brought energy, creativity, and smiles to the whole home.

Contact Info

Email:
activities.swords@carechoice.ie
Phone: (01)2233880

ST. PATRICK'S WEEK

10th–19th March 2026

We will answer **Ireland's Call** **a week of great events**

Time really does fly, and before we knew it, we were celebrating St. Patrick's Day once again on March 17th. Knowing how important this date is for the country and its people, we organised a series of activities in the residence to mark the occasion properly, creating a warm, festive atmosphere for everyone to enjoy.

To get us in the spirit, we began the previous Tuesday with our Mass in honour of St. Patrick, a moment of unity, reflection and gratitude dedicated to the figure at the heart of March 17th. A special thank you to Father Richard for his time and dedication.

Afterwards, we held our special St. Patrick's Day bingo, as the following Tuesday would be the big day itself. Residents and family members gathered in the Oratory, eyes focused, ears ready, and excitement building as everyone hoped the numbers on the screen would match their cards. The goal? Winning one of our special prizes: hampers filled with all things green, as tradition demands! Thank you to everyone who joined, took part, and helped others to participate. It's always a joy to see not only the winners' smiles, but also those cheering them on.



ST. PATRICK'S WEEK



10th–19th March 2026



On Saturday the 14th, we gathered at midday in the Oratory to watch the rugby match and cheer on Ireland as they faced Scotland. The afternoon was full of excitement, non-alcoholic drinks, Irish flags and plenty of green scarves. Residents and families experienced every moment of the match, which ended, much to everyone's delight, with an Irish victory! A fantastic atmosphere, full of warmth and shared pride.

March 17th itself was packed with activities, all proudly dressed in green. In the morning, we met in the Oratory to watch the national St. Patrick's Day Mass, while also enjoying the view of people heading out to the parade. Between the Mass and the parade, which we later watched on television, we spent some time singing traditional songs, and of course, enjoying a bit of chocolate along the way.

In the afternoon came the highlight of the day: our St. Patrick's Day party. The event was brought to life by live music from Donal, who impressed us all with his guitar and incredible voice. The Oratory was full, with residents and families coming together to sing, laugh and enjoy the celebration. Our kitchen team also played their part, adding a deliciously sweet touch to the afternoon. And of course, no celebration would be complete without drinks to raise a toast... to St. Patrick!

Cooper and Aoife didn't want to miss the party either and joined the celebration, bringing even more smiles, if that was even possible, to our residents. We are always so happy to have them with us, thank you both for being part of such a special day!



ST. PATRICK'S WEEK

10th–19th March 2026



To round off this wonderfully green week, we held a reminiscence group on Wednesday the 11th. Many residents, along with some family members, came together to share their memories of celebrating St. Patrick's Day over the years: from attending parades, to hosting big family meals, to dressing up and celebrating with laughter and joy. It was a truly special and emotional moment. The week concluded with an Irish Table Quiz, which was very well attended. Two teams, each with nine participants, including our activities leaders who recorded the answers, competed in an intense hour, answering 40 questions.

The winning team, Table B, scored an impressive 38 points, while Table A achieved 30.5 points. As a reward for their efforts, everyone enjoyed fruit platters, refreshments, and drinks, thoughtfully prepared by our wonderful kitchen team. We thank them for making both our St. Patrick's Day celebrations on the 17th and the quiz finale so enjoyable, adding a special touch that made the week truly memorable for all.

Until next year, fully recharged

Celia Izcara de Vega
Activities Leader



Aoife & Cooper
our therapy dog



Joan and Desmond
in Memory Café
in Fingallians GAA



FOOD & DRINK PROJECT GROUP



We recently held the first meeting of our Food & Drink Project Group. It was a great opportunity to come together and reflect on what is working well, what has already improved, and where we can continue to make positive changes as a team.

Over the coming weeks, we will be focusing on a number of key areas. Our first priority is to explore how we can further expand the menu, introducing tasty dishes that can be easily adapted to suit a variety of preferences, tastes, and textures.

We are also reviewing the fundamentals of service to ensure that Residents feel empowered to share their views and influence even the smallest details of their dining experience.

We will be meeting again in a few weeks to review progress and agree on the next steps, tasks, and goals.

A big thank you to everyone who attended and contributed.

Barry McConaghy & Lisa Kelly Mahoney



Nurses training



On 25th March, we held an internal wound care training and awareness session to refresh staff nurses knowledge, with a focus on best practice in resident care, maintaining holistic care plans, and the importance of accurate documentation.



MARCH 2026

NOTE FROM ABI UNIT



Soft rain
whispers
buds wake and
grow
spring says
hello



The ABI Bake Sale was held in our own ABI unit bringing residents, staff and visitors together for a warm and enjoyable event. A variety of homemade treats were shared creating a welcoming atmosphere. It was a great what for everyone to socialize, support one another and contribute to meaningful cause close to our hearts. I would like to thank Lisa and all our brilliant staff for their help.

Rebecca

MARCH 2026

NOTE FROM ABI UNIT



Contact information

Email:

Abiactivities.swords
@carechoice.ie

Phone:0861028485

For St. Patrick day we had a funfiled day with some delicious hot food to some lovely cakes and treats. Our Residents enjoyed some old school music and had a dance around at our glow stick disco. It was amazing day full of great memories.



APRIL EVENTS

Upcoming Events

- 31st March 11.30am., Easter Reminiscing Group, Oratory
- Easter Bingo 2.30pm., Oratory
- 1st April Fools Day 11.30am. Quiet Room 1st floor
- 2nd April Golden spring Oldies - Live Music and quiz, 2.30pm., Oratory
- 3rd April Good Friday Quiz 11.30am., Oratory
- 4th April - Ecumenical Service with David & Sean 2pm. Oratory
- 7th April- Easter Mass Oratory 2pm.
- 10th April March - Banjo Band Concert 2:30pm., in the Oratory
- 13th April Afternoon Tea Party with Robbie 2:30pm. Oratory
- 20th April - Memory Café outing, Fingallians GAA 10.30am -12.30pm.
- 21st Mass 2pm., Oratory



Wordsearch



Bonnet **Eggs** **Chocolate**
Easter **Family** **Daffodil**
Bunny **Chick** **Basket**
Spring



April



Wordsearch

2026			APRIL			
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

W	T	O	L	R	S	R	L	T	A	V	O
D	P	E	T	S	G	F	G	T	E	J	B
R	I	T	E	E	G	A	N	E	V	P	Q
R	K	A	K	Y	E	C	H	I	C	K	Q
E	C	L	S	F	V	F	C	Y	Z	O	H
T	P	O	A	D	A	F	F	O	D	I	L
S	B	C	B	L	J	H	H	P	W	M	C
A	L	O	B	O	N	N	E	T	R	Y	B
E	M	H	K	Y	R	E	A	Z	R	N	W
R	L	C	M	Z	C	U	V	A	Q	N	F
T	E	O	S	P	R	I	N	G	V	U	Q
F	A	M	I	L	Y	K	R	Z	B	B	F



Spring

- Bonnet
- Eggs
- Chocolate
- Easter
- Family
- Daffodil
- Bunny
- Chick
- Basket



HAPPY BIRTHDAY!

SENDING OUR WARMEST WISHES TO ALL OUR APRIL BIRTHDAY CELEBRANTS HERE AT THE HOME.

MAY YOUR SPECIAL DAY BE FILLED WITH JOY, LAUGHTER, AND WONDERFUL MEMORIES!

Poem

by William Wordsworth

I WANDERED LONELY AS
 A CLOUD THAT FLOATS ON
 HIGH O'ER VALES AND
 HILLS, WHEN ALL AT
 ONCE I SAW A CROWD, A
 HOST, OF GOLDEN
 DAFFODILS: BESIDE THE
 LAKE, BENEATH THE
 TREES, FLUTTERING AND
 DANCING IN THE BREEZE.

CareChoice
Swords

Feel free to contact us :
activities.swords@carechoice.ie

