

July Newsletter

A Message from the Activities Team

July has been a month full of sunshine, laughter, and wonderful adventures. Our residents have enjoyed making the most of the warm weather with exciting trips, music, and opportunities to spend quality time together. Thank you to all our residents, families and staff for making every activity so special.



Puppy Visit Brings Smiles All Around

One of the highlights of the month was a very special visit from some adorable puppies, who brought plenty of joy, laughter, and wagging tails to our home!

Residents were delighted to spend time petting, cuddling, and playing with the friendly puppies. The visit sparked wonderful conversations as many shared fond memories of pets they had throughout their lives, while others simply enjoyed the comfort and companionship the puppies provided.

Animal visits are always a favourite, offering not only lots of smiles but also promoting relaxation, social interaction, and overall wellbeing. It was heartwarming to see the happiness on everyone's faces as the puppies made their way around the home, spreading love and excitement wherever they went.

July Birthdays

Happy Birthday to all of our residents celebrating this month! We hope your special day was filled with love, laughter, delicious cake, and wonderful memories. Thank you for allowing us to celebrate with you.

Coffee, Chats & Friendship

Our coffee mornings continue to be a favourite among residents, offering a chance to catch up with friends, enjoy homemade treats, and share plenty of laughs. These relaxed gatherings are a wonderful way to strengthen friendships and create a warm sense of community within our home.

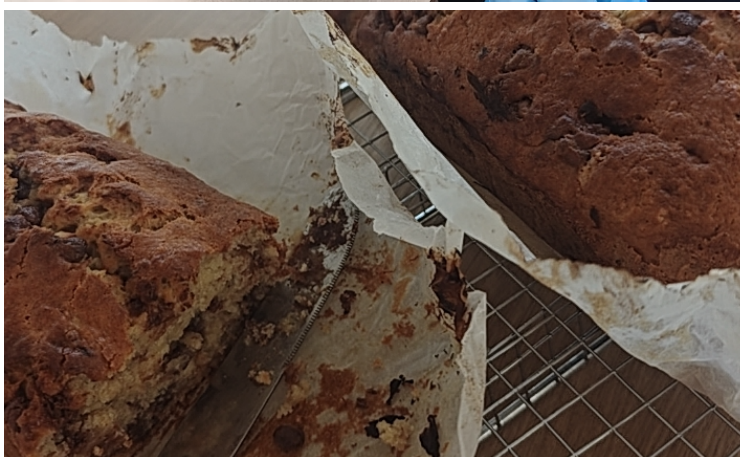


Baking Delights: Chocolate Chip Banana Bread

This month, our residents enjoyed a lovely baking session where we came together to make delicious chocolate chip banana bread. The activity brought plenty of smiles, laughter, and wonderful memories as residents shared their own baking tips, stories, and favourite recipes from years gone by.

Everyone enjoyed getting involved, from preparing the ingredients to mixing the batter and adding the chocolate chips for an extra special touch. The smell of freshly baked banana bread filled the room, creating a warm and homely atmosphere.

The best part was sitting down together afterwards to enjoy a slice of our homemade treat with a cup of tea. It was a wonderful opportunity for connection, reminiscence, and enjoying the simple pleasures of baking together.



Singing for the Brain & Storytelling Group: Summer Break

As we reach the end of another wonderful season Singing for the Brain and our Storytelling Group, we would like to thank everyone who took part and helped make each session so special.

Over the past few months, residents have enjoyed sharing stories, memories, music, and laughter together. These sessions have provided a wonderful opportunity for connection, creativity, and reminiscing, while bringing everyone together through the joy of conversation and song.

We are now taking a short summer break, with both groups finishing up until September. We look forward to welcoming everyone back then for more singing, storytelling, and plenty of happy moments together.

Wishing everyone a lovely summer, and we cannot wait to continue our sessions in September!



Gardening Corner: Growing Together

This month, our residents enjoyed spending time in the garden, getting involved with planting, caring for flowers, and enjoying the fresh air outdoors. Gardening has been a wonderful activity that encourages connection, relaxation, and a sense of achievement as residents watch their hard work come to life.

Residents enjoyed sharing their knowledge, memories, and gardening tips while creating a beautiful outdoor space for everyone to enjoy. From planting seeds to caring for the flowers, each contribution helped make our garden a bright and welcoming place.

It has been lovely to see the garden flourish while providing residents with the opportunity to reconnect with nature, reminisce about their own gardens, and enjoy the simple pleasures of being outdoors.

Celebrating a Wonderful Achievement

We are delighted to celebrate one of our wonderful staff members Keith who has recently taken on the role of President of the Lions Club in Douglas.

This is a fantastic accomplishment and a wonderful recognition of his ongoing dedication, compassion, and commitment to helping others. Keith's passion for making a positive difference extends beyond our nursing home and into the wider community.

We are incredibly proud of this achievement and would like to wish Keith every success in their new role. We know they will continue to bring kindness, leadership, and enthusiasm to everything they do.



Yeehaw! Our Country Western Summer Party



A Message to Finish

As another wonderful month comes to an end, we would like to thank our residents, families, and staff for continuing to make our home such a warm, welcoming, and special place.

From exciting outings and fun activities to quiet moments of creativity, conversation, and connection it has been a pleasure to share so many happy memories together. Every smile, story, and moment shared adds something unique to our community.

We hope you enjoy reading about all the wonderful things we have been getting up to, and we look forward to creating many more special memories together in the months ahead.

Wishing everyone a safe, happy, and enjoyable summer.