

# Newtownpark House

01-288-7403

**MAY**

ACTIVITIES@NTPH.IE

## Irish Therapy Dogs



**Riley**

Our residents always look forward to visits from the Irish Therapy Dogs, and Riley is no exception – bringing joy and comfort to everyone he meets. We are also lucky to have Teddy, our therapy dog from House 1, who visits for an hour and never fails to bring a smile to residents' faces.



## May at Newtownpark house

May has been a wonderful month at Newtownpark House. As the summer sunshine arrived, we made the most of the warmer days, enjoying time outside in the garden and soaking up the good weather together. One of the month's highlights was our Ice Cream Hour, where residents enjoyed a traditional 99 cone, listened to music, and spent time reminiscing and sharing stories – a truly lovely afternoon.

## Movie Nights

Movie nights are a firm favourite here at Newtownpark House, especially on those rainy days when there is nothing better than settling in for a good film. This month residents enjoyed a screening of *Up*, which was a hit with everyone!



## Cycling Without Age



In celebration of National Bike Week, we are delighted to take part in Cycling Without Age — a nationwide, volunteer-led initiative that takes people out for free, slow-cycling spins in their community on specially designed trishaw bicycles piloted by volunteer cyclists. A wonderful way to get out and enjoy the fresh air!



## Alzheimer's Tea Party

This month, Newtownpark House was proud to take part in Alzheimer's Tea Day, a national fundraising event run by the Alzheimer Society of Ireland. Amazing people gathered all over Ireland to have fun, share a cuppa, and raise vital funds to support the 64,000 people in Ireland whose lives have been affected by dementia. We put the kettle on, enjoyed a lovely spread, and came together to show our support for this wonderful cause.

## Upcoming Events & Programs Calendar

JUNE  
5<sup>TH</sup>

**NEWTOWN PARK HOUSE -  
SUMMER PARTY**

JUNE  
16<sup>TH</sup>

**BLOOMSDAY**

JUNE  
21<sup>ST</sup>

**FATHERS DAY**



## Staff Appreciation Day

This month we celebrated our wonderful staff, with residents joining in too! Everyone enjoyed freshly brewed coffee and pastries from Brother Bean, along with a delicious selection of treats from Glovers. A lovely occasion to recognise our incredible team!

## Airfield Estate

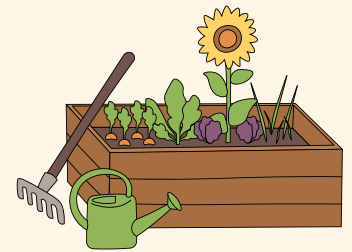
We had a wonderful outing to Airfield Estate, enjoying a lovely lunch and exploring the beautiful garden centre — a memorable day out for all!





# Around Newtownpark House

Our polytunnel is in full spring bloom — strawberries, pumpkins, cucumbers, tomatoes, peppers and mint are all coming along beautifully! It is lovely to see everything growing so well. Our outdoor area is also fully summer-ready and already in use, which has been wonderful to see!



## Birthdays

A very happy birthday to our four wonderful residents who celebrated their special day in May! Wishing you all health, happiness and many more celebrations ahead.



## A Poem for May

May is pretty, May is mild,  
Dances like a happy child;  
Sing out, robin; spring out, flowers;  
April went with all her showers,  
And the world is green again;  
Come out, children, to the glen,  
To the meadows, to the wood,  
For the earth is clean and good,  
And the sky is clear and blue,  
And bright May is calling you!  
May is pretty, May is mild,  
Dances like a happy child,  
On a blessed holiday,  
Come out, children, join the play!

