



NEWTOWNPARK HOUSE

May Newsletter

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*Welcome to our Social Activities Newsletter.
We hope you enjoy it!*

May Trivia

Birthstone: The official birthstone for the month May is Emerald. Emeralds are known for their vibrant green color and are often associated with rebirth, good fortune and youthfulness.

Flower: Lily of the Valley and Hawthorn.

Zodiac Signs: Taurus and Gemini.

Proverbs / Quotes

May is the month of expectation, the month of wishes, the month of hope.

“May, more than any other month of the year, wants us to feel most alive.” Fennel Hudson

Vintage Coffee Morning

Recently we had the pleasure of attending a **Vintage Coffee Morning** with a few of the residents at our local Pastoral Centre in Newtownpark. As always, a great atmosphere and delicious pastries. There was a wonderful guest speaker, talking about History of Blackrock. We thoroughly enjoyed the talk and the residents have requested more. We have requested the guest speaker come to the home to discuss the topic further. We are awaiting confirmation of the date for this

Around Our Nursing Home



We started May with a celebration of Cinco de Mayo on May 5th. Great fun, live music, dancing and at the end of the day we had a Chilli Con Carne for dinner. ... Gracias Amigos ...

Around Our Garden - Spring



Our greenhouse is well looked after by a beautiful fairy who waters it almost every day. Plants are twice as big since these pictures were taken.

Around Our Nursing Home



8th May - Have a Coke Day! - We had wonderful weather for our Daria's Diner event - music from 50s, popcorn, ice cream and coca cola ice cream floats.

Around Our Nursing Home



Our new relaxation zone has been a big hit – it has been used for outside activities, reading books & newspapers or just simple sitting with family members and having a nice chat.

I am looking for that beautiful weather from the photo.

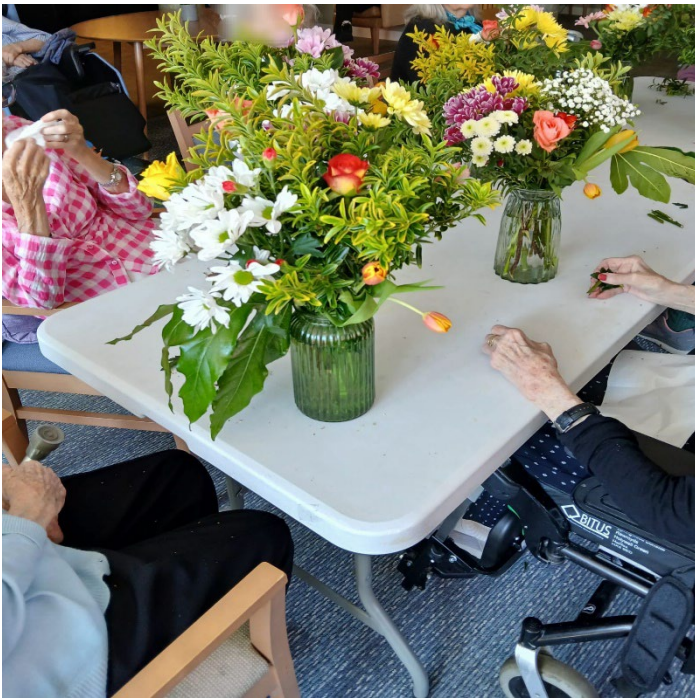


Spotted Around Our Gardens



It looks like our Newtownpark family is growing with new furry and needle-like friends.

Around Our Nursing Home



Our Ladies brought some colour into the home by making beautiful flower arrangements.



Men's Afternoon Movie - Stagecoach -
A big hit!

Upcoming Events

- 5th of June - Poetry Reading with Vincent
- 3rd of June - World Bicycle Day - Clara from **Cycling Without Age** will visit us with her trishaw.

I hope that there will be many people willing to take a ride around our park.

- 18th of June - Art workshop with Kim
- 21st of June - World Music Day -
- 28th of June - Summer BBQ Party Hawaiian Style
- 30th of June - Wimbledon



Regular Events

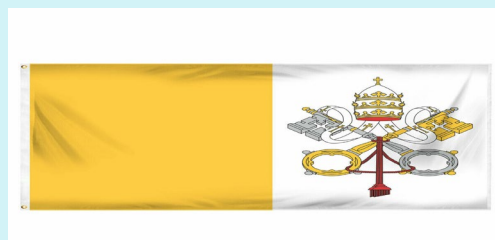
- Mass every Monday at 3.30 pm
- Church of Ireland first Thursday of each month at 3pm
- Therapy Dog - Visit from Daya every Tuesday from 3pm
- Hairdresser every Tuesday from 9 am
- Bingo! Every Wednesday at 2 pm

Special Day in May

- 8th of May 2025 -

The new Pope was announced to the public.

Robert Francis Prevost - who choose the name Leo XIV



May Birthdays

In May, we celebrated birthdays with five of our residents.

Happy Birthday to all of you!!!

Thank you to our Chef for the beautiful birthday cakes.



Sound of nature. Birdsong and bird collages with Joyce.

Poem to Share

A May Basket

May is a flower opening in the grass.
May is a golden smile that warms you as you pass.
May is the kiss of the sun on bare arms.
Welcome to May and her radiant charms!

Later, there will be wilting heat,
And there may be icy sleet;
Or, there will be chilling rain,
And, as always, there will be pain.

But, just in this gentle moment.
Basking in this blessing sent,
Let us raise our voices today,
And give thanks for joyous May!

Mary Naylor