

NEWSLETTER

MAY 2025

Brookfield Care Centre



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We are excited to bring you the latest updates, insights, and highlights in this edition.

We hope you find this issue both informative and enjoyable. As always, we value your feedback and would love to hear your thoughts—feel free to share your comments,

questions, or suggestions with us.

Thank you for being part of our community!

Tara , Angela , Leticia

May Trivia

Birthstone: EMERALD

As the birthstone for May, the emerald, a symbol of rebirth, is believed to grant the owner foresight, good future, and youth.

Flowers: Lily, Hawthorn

The birth flower for May are Lily of the Valley and Hawthorn. Lily of the Valley is known for its delicate white, bell – shaped flowers and sweet fragrance, symbolizing humility, sweetness, and the return of happiness. Hawthorn, with its pink and white blossoms, is often associated with hope and happiness.



Zodiac Signs: Taurus and Gemini

QUOTE OF THE MONTH



What We have been Up To

Residents Enjoy a Fun-Filled Day at Fota Wildlife Park

Residents recently enjoyed a delightful day trip to Fota Wildlife Park, accompanied by our activity staff, the DON, ADON, and several HCAs. The adventure began with a scenic train ride around the park, offering a relaxing and fun way to take in the sights.

Strolling through the park, residents engaged in lively conversations while exploring the wide variety of animals. Highlights of the visit included spotting graceful peacocks, playful baby lemurs, and curious spider monkeys.

A mid-day treat of ice cream and coffee at the park's café provided a perfect break before continuing the exploration. It was a truly enjoyable outing, filled with fresh air, great company, and wonderful wildlife encounters!

PEACOCK



BABY LEMURS



SPIDER MONKEYS





Alzheimer's Tea Party Brings Joy and Togetherness

Residents, staff, and family members came together to enjoy a heartwarming Alzheimer's Tea Party, featuring an array of delicious cakes, savoury treats, and tea—all lovingly prepared by our talented chef.

The afternoon was made even more special with live music, creating a lively and joyful atmosphere that everyone thoroughly enjoyed. A beautifully arranged hamper was also raffled on the day, adding a touch of excitement to the event. We were delighted to see one of our residents win the prize!

It was a wonderful day filled with smiles, music, and meaningful connection.

Barbecue at Brookfield – A Day to Remember

On Wednesday, the 21st, residents, staff, and some family members gathered in one of Brookfield's lovely gardens to enjoy a fantastic barbecue. The atmosphere was warm and cheerful as everyone came together to share good food and great company.

Our talented chef prepared a delicious spread, complemented by tea, coffee, and a selection of soft drinks. To top off the afternoon, everyone was treated to refreshing and tasty ice creams—a perfect way to end a delightful day outdoors.

It was a truly enjoyable event filled with laughter, sunshine, and community spirit.



Upcoming Events



- **Nail Day**
- **Day Trip to Michael Collins Museum at Collins Army Barracks**
- **Rosary and Mass**
- **Afternoon Tea Parties**
- **Pamper Days**
- **Karaoke**
- **BBQ**
- **Day trip to Cobh**

Regular Events

- # EXERCISE
- # LIVE MUSIC SESSIONS WITH MARY BURKE, CON TWOMEY, MARK ANSBRO AND DENIS
- # HAIRDRESSERS REGINA AND AUDREY
- # ARTS & CRAFTS CLASSES
- # BAKING CLASSES
- # GARDENING
- # OUTINGS
- # MOVIE DAYS
- # BINGO DAYS
- # DAILY WALKS



May Birthdays

Celebrating May Birthdays

In May, we had the pleasure of celebrating the birthdays of three of our wonderful residents.

Some enjoyed a lovely afternoon tea with their families, making the occasion even more special. A heartfelt thank you to our talented chef for the beautiful and delicious birthday cakes that added a sweet touch to each celebration.

Happy Birthday to all—we were delighted to share these joyful moments with you!



May

I cannot tell you how it was,
But this I know: it came to pass
Upon a bright and sunny day
When May was young; ah, pleasant May!
As yet the poppies were not born
Between the blades of tender corn;
The last egg had not hatched as yet,
Nor any bird foregone its mate.

I cannot tell you what it was,
But this I know: it did but pass.
It passed away with sunny May,
Like all sweet things it passed away,
And left me old, and cold, and gray.

Christina Georgina Rossetti

NAME:

DATE:



May Word Find



P V M K L B M W K R Y B K B Q H B Y E Q P A C
H M O T H E R S D A Y B U Y D Q D G S U M K M
C M O M G M Q J R Y J P P R Y X U U U R O Q C
X X C Y Z K R N O D L H L T C K M X Q O X N I
Q K A D K Z M K P B K T A E R I B B O N S N F
T B T Z E X S L R R J J N S U J R R F K E I F
F R E X N Y I C R W X A T E K V E A N C M B F
G R R G U Y T Q V S N C S I S J L W F D E X X
U M P A I P O L T J X P H L B V L T L S L B Y
B K I B G J U J N L Y G A F K J A E O H O Q A
Y Y L T S O I L T S W N G R D G I U W N P V D
D R L L G N I N E D R A G E H A N Q E S Y E Y
A J A Z N G S M R O W O W T N V R U R R A G A
L U R F V W O Y U O C U D T J N A O S S M J M
H O N T E K S A B M Q Q F U X X D B J Y U P Q
S E U A G N I R P S W C D B N M B H H C R U B

Basket

Flowers

May Day

Soil

Bouquet

Gardening

Mother's Day

Umbrella

Butterflies

Ladybug

Plants

Worms

Caterpillar

Ribbons

Spring

Maypole