CareChoice
Swords

NEWSLETTER

NOVEMBER 2026



Upcoming Events

Memorial Mass November 10th

Getting Ready for Winter

20 Years of Memories Tea Party 20th

In this issue

- Positive Ageing Week
- GEM Awards
- Halloween Celebrations!
- Introducing Snoezelen Room
- Word Search

November

- Between autumn colours and the first Christmas sparkle
- Cosy moments, warm cups of tea and familiar comforts
- As autumn gently fades and winter draws near



For more information:
www.carechoice.ie

POSITIVE AGEING WEEK



During Positive Ageing Week, spanning late September and early October, we celebrated ageing positively through music, movement, and shared moments. On September 30th, residents gathered in the Oratory for a music quiz, where two teams competed to recognise songs from different decades. It was a great opportunity to share memories, enjoy familiar tunes, and discover what different generations have in common. After a close competition, Team Pineapple narrowly beat Team Banana! Everyone was a winner after an afternoon full of laughter and singing.









The following day, James brought extra fun to our exercise session with large exercise balls and colourful pom-pom rings. Staying active helps support physical and mental wellbeing, and everyone enjoyed keeping moving with a little extra colour!

Here's to staying active, sharing moments, and enjoying every stage of life together!

Gem Awards

On October 22nd, we celebrated our annual GEM Awards night, a special evening dedicated to recognising and appreciating the hard work, dedication and commitment of our wonderful staff. It was a fantastic opportunity to celebrate those who go above and beyond every day to make a difference in the lives of our residents. The evening was filled with fun. laughter and well-deserved recognition. Congratulations to all our nominees and winners

Congratulations!





Bernice James –Positive Impact Gem Award

Romer Mendoza – CEO Excellence Gem Award

HALLOWEEN BINGO



Halloween brought our famous Halloween Bingo back for another year! We swapped the usual number rhymes for spooky alternatives like "Spooky treats, number six" and "Escape alive, fifty-five", filling the afternoon with laughter.

The lucky winners took home fantastic hampers full of treats, while everyone else enjoyed a little something sweet too. After all, everyone deserves a Halloween sugar boost!







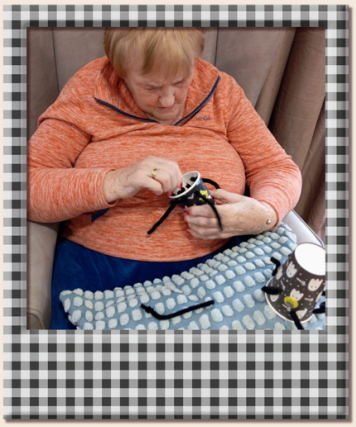




HALLOWEEN CRAFTS

Our third floor enjoyed a Halloween arts and crafts morning, making cute spiders with cardboard cups, black pipe cleaners, and colourful googly eyes.

A big thank you to Mairead and Helen from the Alzheimer's Group of Donabate for donating the materials and making this fun activity possible!











Our residents enjoyed getting into the Halloween spirit by taking part in a fun pumpkin carving activity. Everyone got involved, choosing designs, scooping out the seeds and creating their own spooky faces.There were lots of smiles,laughter and creativity throughout with some fantastic pumpkins creations to show off.











HALLOWEEN PARTY

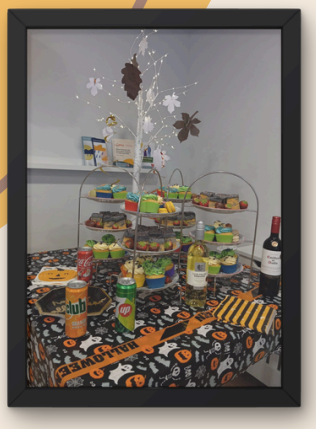


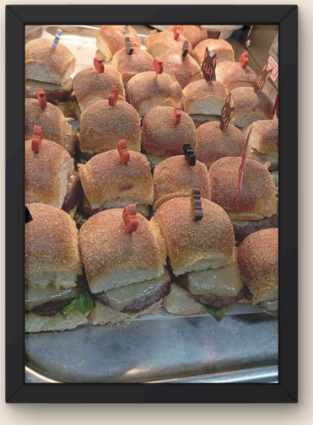
Our Halloween celebrations brought music, laughter, and plenty of treats! In the Oratory, Donal entertained residents with his wonderful voice and guitar, while Kevin brought his musical talents to the third floor.

Both gatherings were full of smiles, delicious treats from our kitchen team, and drinks, including the occasional glass of wine!

A big thank you to Donal, Kevin, our kitchen team, and all the staff who helped make Halloween less about scares and more about unforgettable memories!









HALLOWEEN PARTY



Our residents on ABI had a fun-filled Halloween Party! There was plenty of spooky decorations, Halloween music, dancing, singing and lots of sweet treats. Everyone got into the Halloween spirit, enjoying the festivities and spending time together. It was a wonderful afternoon filled with smiles, fun and few spooky surprises. Thank you to Lily , Kitchen staff and to all staff involved for making this such amazing day.





BOO!





Halloween Costume Contest

BOO!



Our residents alongside staff got creative for our Halloween costume contest. Everyone showed off their costume during a little catwalk to be judge by our residents. Thank you to all who got involved and made this a great day for our residents. And big congratulations to our WINNERS!









INTRODUCING OUR NEW SNOEZELEN ROOM

We are delighted to introduce our new Snoezelen Room on the third floor, a multisensory space where residents can enjoy interactive lights, colours, sounds, and projections designed to stimulate the senses, encourage movement, and promote relaxation.








As the room has only recently been completed, only a few residents have tried it so far. We are working to make it available to everyone who would like to enjoy it. We are sure our residents will love this new space... and we suspect some members of staff would love to give it a try too! We might soon need a booking schedule just to keep everyone happy!

Wordsearch



CHRISTMAS

DIWALI

HANUKKAH

LANTERN

LIGHTS

CANDLES

FAMILY

WINTER



D	R	F	V	N	Z	V	H	Z	W
I	H	F	Y	S	Q	I	S	C	I
W	A	Z	S	T	Z	D	M	H	N
A	N	F	W	T	R	N	B	R	T
L	U	Z	M	U	A	R	W	I	E
I	K	S	T	H	G	I	L	S	R
Y	K	I	V	I	R	H	R	T	Y
F	A	M	I	L	Y	W	Q	M	E
S	H	O	N	R	E	T	N	A	L
D	F	C	A	N	D	L	E	S	R



Happy Birthday!

Sending our warmest wishes to all our November birthday celebrants here at the home.

May your special day be filled with joy, laughter, and wonderful memories!

2026	NOVEMBER					
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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